



**FOOD FOR  
THE HUNGRY**

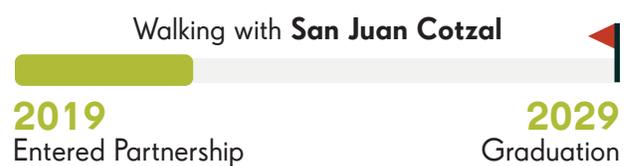


**GUATEMALA**  
**YEAR END PROGRESS REPORT**  
**FISCAL YEAR 2021**

**WRITTEN BY FOOD FOR THE HUNGRY (FH) GUATEMALA STAFF, IXIL REGION**  
**PREPARED BY FOOD FOR THE HUNGRY (FH) CANADA**

# INTRODUCTION

-  Number of Communities: **12 Communities**
-  Total Households: **3,852**
-  Total Population: **18,282**
-  Program Participants: **2,132**



**RE-EVALUATING GRADUATIONS**

Due to ongoing challenges from COVID-19, FH Guatemala is re-evaluating graduation timelines for partner communities that were due to graduate by 2023. An assessment to adjust the impact of the pandemic on each community will determine their new, individual graduation dates.

In 2020, the Food for the Hungry (FH) Guatemala staff stepped up to pivot programming, adapting to the new realities of the COVID-19 pandemic. In 2021, “we” have seen clear evidence that families in partner communities are applying what they’ve learned! They are facing the pandemic in new ways, with a new worldview. According to Mariana Alvarez, Country Program Manager, **“This crisis has really promoted a change of mindset. The volunteer mothers are more active; the Savings and Loans groups are shining; families are applying lessons with their children. We planted the seed, but God is growing it in their hearts.”**

It is important to mention that within this entire process there have been challenges. In several communities the biggest challenge has been COVID-19. In the community of Acul there were some deaths due to the virus. This was a challenge for many families as they mourned the loss of their relatives and all that implies.

In order to support each of the families in these communities, FH Guatemala has implemented key strategies to address ongoing health and nutrition challenges, strengthen institutions, develop the capacity of formal and informal leaders, reduce domestic violence, provide supplies for family gardens, deliver hygiene kits for the prevention of COVID-19, and more!



# EDUCATION

## GOAL

**Improve the academic development opportunities of children, adolescents, and young people.**

*“I have seen FH’s support for families and also in the schools; this has strengthened our education and our way of living.”*

— Miguel, teen student

### Strengthening Elementary and Middle School Learning

In April and May, FH delivered school supplies to equip middle school students to complete at-home lessons provided by government schools. This support also alleviated pressure for parents whose income took a hit due to COVID-19 impacts. Parents and children alike were grateful for the school supplies that helped their children avoid dropping out of school—an unfortunately common result of school shutdowns. Through check-ins with these families and their teachers, FH staff learned the children are performing better and turning homework in on time (and organized!).

From August to September, FH delivered reading, writing, and math workbooks to children in Grades 1, 2, and 3 who, according to their teachers, were struggling and needed that extra bit of support. FH prioritized these early grades as they are the first place children develop their communication skills. These tools will encourage children to read, stimulating their language proficiency and developing concentration, memory, imagination, and mental agility as well as help them learn to better express their thoughts and emotions.

FH staff made follow-up visits to the children who received workbooks. They saw each child’s progress, such as improved writing and a growing ability to read. They also observed that the books have sparked curiosity in the children and developed a habit of reading. Because parents can see their children applying themselves and having fun with the workbook activities, they’re more motivated to help their children with their school lessons.

### Supporting Youth to Finish School

Through telephone calls and home visits, FH staff monitored and encouraged 33 young men and women pursuing their high school diploma. The shift from traditional classroom learning to an at-home based system has made it extremely difficult for older students to complete their studies. Home visits helped staff better understand each student’s context and encourage students and their parents to persevere with their education. The families appreciated this personal support and the youth appear happier and more motivated to stick with it. FH staff have prioritized visiting five young people in particular who have special cases that require more consistent follow-up to prevent them from dropping out of school.



Jacinto receiving school supplies delivered to his home for at-home lessons.

### Providing Girls' Hygiene Kits

From June to July, FH coordinated with schools to distribute sustainable girls' hygiene kits to 500 students. Each kit comes in a colourful drawstring bag and includes a bar of soap, one washcloth, three sanitary pads, eight panty liners, one discrete (and beautiful!) carry pouch, and a set of instructions on how to use the kit. During the distribution, the young ladies were taught about personal care, the correct use of sanitary accessories, and the benefits of proper handwashing. These kits are a powerful tool that equip girls to manage their periods with dignity and comfort. They will also enable them to get out and about during their periods and go to school without the stress or embarrassment associated with menstruating. Through initiatives like these, girls and women are being empowered to move through their communities with greater equality and freedom.

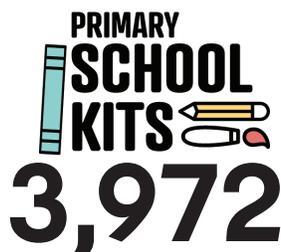
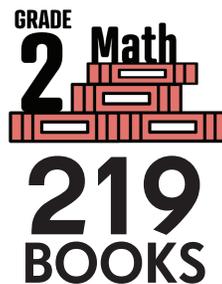


A colourful and sustainable girls' hygiene kit like this one will go a long way to helping girls stay in school.

### Training Adolescents for Healthy Relationships

FH staff conducted workshops with young men and women to promote healthy relationships. Participants learned how to prevent and reduce violence in the home from a biblical and human rights perspective. They mapped out their support networks, including local institutions that can act as allies in security and protection.

## SUPPLIES PROVIDED FOR 12 COMMUNITIES



Sourced from [daysforgirls.org](http://daysforgirls.org)

## ACTIVITIES

**4,152** elementary school children received school supply kits or textbooks



**500** girls' hygiene kits distributed



**52** adolescent students trained in healthy relationships and preventing family violence

See more impact numbers on page 16

Workbooks like these are helping kids get excited about learning at home and keep up with their studies.



Empowering teens to manage their periods with girls' hygiene kits gives them the confidence to go to school, no matter what day of the month it is!





# HEALTH

## GOAL

**To improve the physical and mental health of families in partner communities affected by the COVID-19 pandemic.**

*“Training on culinary practices to learn new cooking recipes that are tasty for the family is essential to achieve the empowerment of women and thus achieve the reduction of acute and chronic malnutrition. Various experiences have shown that it is not possible to try to improve the diet of community members with food diversification if the beneficiaries do not understand the importance of this diversification and a balanced diet.”*

— Ambrosio, FH Agriculture Facilitator

## Preventing the Spread of COVID-19

As part of the health and nutrition initiatives, and in response to emergencies in the context of COVID-19, FH engaged the services of two local radio stations in Cotzal and Nebaj. They broadcasted radio dramas in the local language called “Historias que Transforman”—Stories that Transform. From June-September, the stories were aired three times a day from Monday to Friday.

## Equipping Cascade Health Groups

In August, FH trained Cascade health group leaders on the fundamentals of exclusive and optimal breastfeeding, and in the Cotzal communities on the topic of essential care for the mother and newborn.



A local FH staff member visits a mother with her five-year-old daughter to share critical health information.

As part of the strategy to reinforce health and prevent the spread of COVID-19, FH provided Cascade group leaders and Growth Monitoring and Promotion (GMP) teams in each community with hygiene kits equipped with rubbing alcohol, an antibacterial gel, a reusable mask, and two ziploc bags. Posters promoting hygiene practices and care to combat COVID-19 were also shared. With this material, Cascade group leaders were able to share critical health information to the women in their groups through home visits or simply in passing when seeing each other in the street.

FH health facilitators conducted home visits to families with children under the age of five to (1) inform the parent/caregiver about the results of the child’s growth assessment, (2) give appropriate feeding recommendations for the child’s age, (3) interview the mother to investigate the causes of her low weight, or (4) give counseling related to the specific causes of low weight.



## HEALTH

### Strengthen the Mental Health of Families

Key messages concerning mental health were disseminated remotely to each of the Cascade health group leaders. These messages explained how the circumstances surrounding the pandemic often have a negative impact on mental health. Leaders were equipped to teach their neighbours how to navigate these emotions and manage stress in positive ways to prevent negative impacts on their work and home environments. In this way, communities learned they can still have control of their lives and embrace thriving, even in the midst of difficulties like the pandemic. Since some communities have poor cell reception and some leaders don't have smartphones, the leaders who did receive FH's messages shared the information with those able to receive them.



An example of a mental health text message Cascade leaders share with their community.

### Learning New Recipes

With the introduction of new vegetables to the community, FH also conducts cooking classes to teach families how to incorporate the new veggies into culturally delicious meals. An FH staff member hosted one cooking lesson with community volunteers and taught three new recipes—carrot puree, vegetable soup, and chard wraps. The volunteers then held cooking classes with the groups of gardening families they support. Lessons included how to prepare the recipes using indigenous and new varieties of vegetables from the family gardens. These new recipes will help mothers diversify their children's diets so they can get the micronutrients they need to grow up healthy.

Volunteers in Quisis, Chisis, Villa Hortensia II, Aclu, Xonca, and Rio Azul attended cooking classes in August to learn how to prepare recipes using rabbit meat. Rabbit meat has a high nutritional value because it is very low in fat, has a large amount of protein, and is high in vitamin B12, making it a perfect food for pregnant and breastfeeding mothers.

Learning how to cook newly introduced vegetables in culturally delicious recipes is critical for a sustainable improvement in family nutrition.





# HEALTH

## ACTIVITIES

**135** COVID-19 prevention hygiene kits and posters distributed

**4** radio health dramas broadcast on two radio stations from June-September, Mondays to Fridays, three times a day

**240** mental health messages disseminated to Cascade health group leaders



See more impact numbers on page 16



COVID-19 prevention hygiene kits are helping mothers keep their communities safe.



## LIVELIHOODS

### GOAL

**To (1) improve the food security of the most vulnerable families through home gardens and (2) improve the economic security of families through Savings and Loans groups.**

*“Without health, food, work, and opportunities, no family can get ahead. FH’s loyalty has been a masterful support for my development. The life of my family and my community has changed thanks to the training sessions. I am very grateful to all the FH staff. My family and I are praying for you.”*

— Juan Enrique, agricultural promoter

### Equipping Lead Farmers

Families particularly vulnerable to hunger were given vegetable seeds and seedlings including cauliflower, broccoli, onions, carrots, chard, radishes, and blackberries. Seed recipients received technical training and assistance via phone calls and in-person visits to help construct their gardens, manage soil nutrition, implement organic pest control, and learn more about vegetable care. Participating families now regularly eat fresh vegetables which contributes to their food security. This training was made possible by local volunteers who help organize participants, deliver seeds, and followup with participating families.

During May, family garden promoters were trained on the construction of vermicomposters (organic waste composting using earthworms) and provided in-person technical assistance to build their own. Later on, they were given inputs for organic compost.

FH held a contest called “The Best Garden” to select the most well-managed gardens. The contest was open to all partner communities and aimed to motivate families to take pride in growing healthy, vibrant gardens. The winners (one per community) were chosen through garden visits and were awarded a seed kit and a diploma.

### Creating Neighbourhood Markets

FH helped establish new local markets as a mechanism for home gardeners to sell their vegetables to neighbours. By creating this direct-to-consumer linkage, the seller gets a new market and the buyer gets cheaper produce because they eliminate the need for middlemen and the transportation of goods.

### Growing Basic Grains

In order to improve food security, families at risk of hunger were invited to participate in the “pay-it-forward” grains activity. FH provided seeds and



Vegetable gardens are a powerful tool to reduce childhood malnutrition and strengthen family food security.



## LIVELIHOODS

technical assistance to farmers, teaching them how to harvest better seeds to sow the following year. Santa Avelina and Chichel received corn seeds; Xonca, Villa Hortensia II, and Rio Azul received corn, beans, and broad bean seeds. These families will pass along some of their next harvest to other families in need so they can start their own planting.

### Raising Rabbits

Low-income families with children under the age of five were chosen to raise rabbits. Rabbit meat is high in protein and phosphorus which both aid the growth and development of children. They each received two rabbits, learned how to build a rabbit hutch, and were given materials to make their own hutches as well as 20 pounds of rabbit feed to get them started. FH also trained rabbit recipients on how to keep their animals clean and healthy. A vaccination day was carried out in which each rabbit was administered a dose of antibiotics, deworming, vitamins, and wound healing spray.

### Strengthening Savings and Loans Groups

Through Savings and Loans groups, women have been strengthened and empowered in economic, social, and political spheres. They are increasing the development capacity of their communities by seeking change, implementing new businesses, and managing community projects. It's exciting to know their dreams and goals.

In the new savings groups recently started in Cotzal, members are learning how to fill in the register books and balance the accounts when loan payments or loans are made within the group. One group faced challenges when a group member withdrew, however, this event provided FH staff the opportunity to explain the methodology to new members or to those interested in joining a group.

Through an eight-step process called, FH staff the opportunity to explain the methodology of savings groups and basic accounting to new members or to those interested in joining a group.



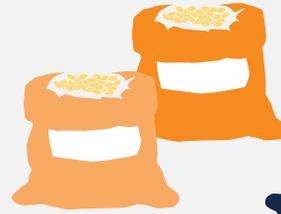
A group of women working together to balance their accounts for their loan payments.



# LIVELIHOODS

## ACTIVITIES

**100** families received improved **grain seeds**



**130** families linked to **communal markets** to sell surplus produce



**45** families supported to raise **rabbits**



See more impact numbers on page 17



A family showing off their fresh vegetables that will be sold at the local market, providing valuable income.



# LEADERSHIP DEVELOPMENT

## GOALS

To (1) strengthen community resilience by reducing the risk of contagion of COVID-19 and (2) reduce domestic violence.

*“Thanks to FH Guatemala who has been on the lookout for us by calling us and asking how we are doing and finding out in what state the community is on the issue of COVID-19.”*

— Juan, Mayor of Vichibala community

## Supporting Leaders

During COVID-19, FH has monitored communities through relationships with community leaders. They’ve equipped them to strengthen their communities’ resilience by reducing the risk of COVID-19 infections among the elderly and people with chronic illnesses. These leaders regularly hold meetings to share this important information. These messages motivated lay leaders and volunteers to follow government instructions and FH recommendations, including, wearing masks properly, washing hands frequently, using disinfectant, avoiding crowds, and not attending meetings unless necessary. Within these protocols, churches have been conducting services in person in a COVID-19 safe way.

## Diffusing Family Violence

FH conducted in-person training for community and church leaders, following COVID-19 safety protocols including limiting the number of people trained at a time. This training focused on one of the communities’ two leadership goals—reducing domestic violence, especially valuing and protecting children. Guatemala is the country with the most gender inequality in all of Latin America. This disparity mixed with the stresses of poverty and exacerbated by COVID-19 impacts often results in a violence against women that is culturally acceptable. This makes it difficult for women, youth, and children to report incidents of abuse or get protection. Thus changing the way community members think about violence and creating networks of care is critical to stopping violence and permanently shifting attitudes.

FH shared critical information with community and church leaders via text messages about the details for how to report an incident of abuse remotely in order to reduce the levels of violence in families. Community leaders forwarded these messages throughout the community so, together, everyone can know the routes for reporting.



A group of mothers participating in a resilience themed workshop.



# LEADERSHIP DEVELOPMENT

## Training Young People to Prevent Family Violence

FH worked with youth to give back to their communities, strengthen their resilience, and build safe environments for children.

Young people have been motivated to participate in trainings that teach and strengthen their self-esteem in the face of difficult situations. During the FH workshops, participating teens had a great attitude, genuinely bonding with their peers and demonstrating leadership to be agents of change to prevent domestic violence in their communities. They are open to solving problems peacefully through good communication.

In May and June of 2021, follow-up visits were made to the young people trained in the prevention of domestic violence. Those who presented needs for moral, intellectual, and educational support were given special attention. Because FH staff have been interacting with young people during the lockdowns they have come to know the daily challenges the youth face, especially in their home life and education.

## Training Caregivers to Prevent Family Violence

FH also trained caregivers to strengthen family bonds and build peace in their home environments to reduce toxic stress affecting children in their physical, intellectual, moral, social, and spiritual development.

Prior to the training sessions, several caregivers were unaware of the issues surrounding domestic violence and how to get support for the challenges they experience on a daily basis. The COVID-19 pandemic affected several families due to the panic of going out and carrying a fear of contracting the virus. In addition, the destructive hurricanes Eta and Iota affected several families, emotionally and materially, creating additional fear. During the two training sessions, caregivers learned how to face difficult situations presented by their environments.



Teenagers learning and sharing about the importance of preventing family violence.



# LEADERSHIP

## ACTIVITIES

**12** communities' leaders communicated with or visited monthly by FH staff

**106** youth trained in preventing and reporting domestic violence

**126** caregivers trained in preventing and reporting domestic violence



See more impact numbers on page 17



Monthly meetings help local leaders keep in touch, share information, and troubleshoot together.

# NAVIGATING THE DAY-TO-DAY DURING THE PANDEMIC

## Acul

Evaristo Miguel Marcos Raymundo is a 15-year-old Grade 8 student living in Acul. He has three older siblings and one younger brother. His father, Diego, supports the family with his masonry business and his older brother Francisco chips in with his carpentry work. Miguel balances school and working with his father and older brother in the family carpentry business. The family doesn't have any land to cultivate food so they have to travel to a neighbouring town's market to buy food. They live in a wooden home with all the basic services and regularly attend a local church.

With the advent of the COVID-19 pandemic in Miguel's community, many things changed, including the way classwork is sent and received. In the beginning, Miguel did not have a cell phone or adequate knowledge of technology to participate in the hybrid learning set up by the government when lockdowns resulted in school closures. The pandemic highlighted his family's need for access to technology that would allow him and his brothers to connect to virtual classes and continue their learning.

Another lifestyle change highlighted by the pandemic was the family's need to implement regular handwashing. It sounds simple, but it turned out to be life-saving.

With the deterioration of his school's sinks, Miguel and his classmates had gotten into the habit of not washing their hands. When COVID-19 emerged, however, handwashing and personal hygiene became a top priority. FH installed new sinks in his school and began public awareness campaigns on the necessity of handwashing to stop the spread of the virus.



“When they installed the sinks inside the school, I understood that the correct washing of hands was very important because through it I can prevent disease in my life such as intestinal infection, the appearance of parasites, or the spread of COVID-19,” he explains.

Miguel continues, “At the beginning of the pandemic, many people did not believe in the infections that arose from not washing their hands; for many families it was a lie or simply a myth. After the installation of sinks inside the school, my classmates and I were taught how to wash our hands correctly and were asked to pass this on to each member of our family. Now many families frequently wash their hands and they have been a great example for other people who were unaware of it. In each family there is a young man who explains about this and a child who learns to do it.”

In addition to modeling healthy behaviours to his younger brother, Miguel helps out with the children’s Sunday school at his church. He’s begun instructing them also to wash their hands before entering the Sunday school classroom, after they finish playing, and when they’re ready to leave.

Miguel appreciates how FH has built up his community in general and his school, in particular. The staff have helped families by training parents, youth, and children for their physical, spiritual, and educational growth. “I have seen FH’s support for families and also in the schools; this has strengthened our education and our way of living. I thank God for the life of each one that has contributed in trainings and have supported families to live a better and healthy life.”

## Thank You

Thank you for walking with the communities in Guatemala seeking to overcome poverty and build a thriving future! Your generous support is helping children stay engaged with learning in the face of a pandemic; equipping mothers to grow food for their families; training Savings and Loans groups to start small businesses; and raising up youth to be leaders of a violence-free future. Thank you!

# PAPAYA PRIDE! FOR FARMERS WHO SAVE TOGETHER

Santa Avelina, San Juan Cotzal

Catarina Rodriguez sells bananas as her main source of income. She also sells medicinal plants, flowers, and pots and is a certified midwife. Her husband, Miguel, is a farmer. Together, they have four adult children and the whole family are active members in the local church. The couple works as a team to meet their basic needs. Their home is simple—wood walls, dirt-packed floor, tin roof, piped water, stone sink, and a private latrine. Catarina has a small space near her house to grow vegetables to eat and to sell; the market is just a five minute walk away.

Catarina participates in a group called Campesino (Farmer) that sells local products and crops. Before joining the group, Catarina generated little income for her home; she didn't participate in community groups, invest her resources well, or know how to manage her income to save for the future.

Today, Catarina is a new and enthusiastic member of the Savings and Loans group Las Papayas (the Papayas!) where she saves Q25.00 (\$4 CAD) a week. While Catarina is illiterate, she's learning the basics of numeracy, general management, problem identification, goal setting, and the values needed to save and invest well.

"I am very interested in participating in the (FH) trainings; they have helped me too much. I am learning about other topics to strengthen my capacities since I did not have the opportunity to attend school," Catarina says. She's proud of what she's achieved, especially in her small business. Gaining access to micro loans through her savings group has helped her expand her sale of bananas and generate more income.



"Although I only sell bananas and plantains, I have made a profit. Thanks to God for the opportunity and to FH for the training they give us because I have learned to reinvest my money, as well as to manage it to make my savings within the group," Catarina shares. Before FH's partnership with her community, she didn't participate in community meetings because her husband refused to allow her to go. "Before, I never participated out of fear of my husband; he did not give me permission. Now I feel proud of



myself because in the group I am empowering myself with training with biblical principles,” Catarina explains.

Belonging to a savings group where women manage and invest their own money is transforming her life. “I feel like a woman full of potential because I am discovering new things and putting my God-given abilities into practice. All of this I am achieving with the support of FH,” Catarina beams.

Catarina dreams of a transformed community and a church where members practice empathy

within the church and then take it to the streets. She is excited for FH to organize additional Savings and Loans groups “so that all women may know about our rights.” For herself, Catarina looks forward to the day when she can have her own place of business. “God has a purpose in our lives as his children, each one developing according to his will. Today I can say that there is no age to start with what our heart longs for, we just have to work hard and never give up”.

## Thank You

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# FOOTSTEPS WORTH FOLLOWING

## JUAN LEADING THE WAY FOR HIS FAMILY

### Villa Hortensia II

Juan Enrique Tiquiram Tum is the proud father of four beautiful children, currently serves on the primary school education committee in his community, and volunteers as part of the FH team as an agricultural promoter. Juan is admired in his community for being a productive, hardworking, and entrepreneurial person. Even one of his sons says when he grows up he wants to “follow each of his father’s steps.”

His family attends a local church where his wife, Miliana, is a deacon and he serves in the worship

ministry. They live in a very humble house full of love—two bedrooms and one kitchen, wooden walls, dirt floor, tin roof, and access to piped water, electricity, and a septic tank latrine.

Juan has always looked for ways to generate income to support his family. To that end, he cultivates 20 acres of corn, and on additional land, green beans and peas. This year, he added French beans and peas which he was able to sell to the local agriculture association, Argos-lxil, who exports them to other countries. To help





with household expenses, Miliana raises Creole chickens, ducks, and pigs. They also have two looms to weave traditional cloth, selling four cuts a week in San Juan Cotzal for a value of Q200 each (earning a total of \$33 CAD).

Currently, Juan is an agricultural promoter with FH, meaning he leads a group of 10 farmers to learn and practice new agricultural techniques. Through being trained by FH and sowing improved seeds, Juan has acquired knowledge and experience that are improving his livelihood, such as the production of organic insecticides and the hygienic handling of food. He practices crop rotation and has changed his approach to producing quality, chemical-free crops.

Juan now sees that the development of a community comes through behaviour changes—learning something new and putting it into practice. By learning to see his community through new lenses, Juan has become

increasingly compassionate toward the vulnerable in his community, especially children who are prone to malnutrition.

“I feel that I have been able to remove a blindfold from my eyes and now believe that anything is possible when there is a determination to do things to improve my life and protect my family. Thanks to FH, I’ve strengthened my leadership and my desire to help my community,” Juan shares.

These changes give Juan a sense of importance; he has become an exemplary leader in promoting behaviour change in the homes of his community. While there are always difficulties to overcome, Juan has been able to face them using his newly acquired leadership skills.

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# MEASURING SUCCESS!

The report above is a summarized snapshot of what community leaders and families in Nebaj and Cotzal, with the support of FH Guatemala, have accomplished this year. Below are more numbers and statistics that paint a fuller picture of what has been happening on the road to sustainability.



## EDUCATION IN NUMBERS 2020/2021

By the Mid-Year	By the Year-End
<ul style="list-style-type: none"> <li>68 students received visits and learning game bags</li> </ul>	<ul style="list-style-type: none"> <li>4,152 primary school children received school supply kits or textbooks</li> <li>91 families received follow-up visits to support learning</li> <li>882 middle school children received school supply kits</li> <li>500 female hygiene kits distributed</li> <li>52 adolescent students trained in healthy relationships and preventing family violence</li> <li>33 high school students received phone calls or visits to support learning</li> <li>12 middle schools received teaching supplies</li> <li>10 communities received 881 middle school supplies</li> </ul>



## HEALTH IN NUMBERS 2020/2021

By the Mid-Year	By the Year-End
<ul style="list-style-type: none"> <li>187 COVID-19 prevention hygiene kits and posters distributed</li> <li>317 mental health messages shared</li> </ul>	<ul style="list-style-type: none"> <li>322 COVID-19 prevention hygiene kits and posters distributed</li> <li>4 radio health dramas broadcast on 2 radio stations from June-September, Monday-Friday, 3 times a day</li> <li>240 mental health messages disseminated to Cascade health group leaders</li> </ul>

# MEASURING SUCCESS!



## LIVELIHOODS IN NUMBERS 2020/2021

By the Mid-Year	By the Year-End
<ul style="list-style-type: none"> <li>• 450 family gardens established</li> <li>• 23 active (13 new) Savings and Loans groups</li> </ul>	<ul style="list-style-type: none"> <li>• 40 vermicomposters distributed</li> <li>• 100 families received improved grain seeds</li> <li>• 36 families linked to communal markets to sell surplus produce</li> <li>• 45 families supported to raise rabbits</li> <li>• 495 families learned new recipes (450 of those with kitchen gardens learned vegetable recipes, and the 45 who got rabbits learned new rabbit recipes)</li> </ul>



## LEADERSHIP DEVELOPMENT IN NUMBERS 2020/2021

By the Mid-Year	By the Year-End
<ul style="list-style-type: none"> <li>• Monthly communication with leaders</li> </ul>	<ul style="list-style-type: none"> <li>• Monthly communication with leaders in 12 communities</li> <li>• 8 leaders trained in reducing violence within families</li> <li>• 106 youth trained in preventing and reporting domestic violence</li> <li>• 126 caregivers trained in preventing and reporting domestic violence</li> </ul>