You’re brilliant!

It’s about thriving communities. Food for the Hungry (FH) Canada is dedicated to sustainable development by walking alongside community and family leaders to help them overcome poverty and reach self-sufficiency. You are making a real difference through your involvement in this much bigger picture!

Discover how Child Sponsorship, Gift Guide items, partnerships, Boot Camps, and more are changing lives in Canada around the world.

A LIFE-CHANGING GIFT is being made ON YOUR BEHALF!

Forget protecting your car with pool noodles and shower capping your shoes—these life hacks are the real deal! This gift empowers a group of women with essential health lessons, fresh parenting tactics, nutritional musts, and practical cleaning tips. Life Hacks also encourages and equips women to support each other through peer counseling.

FOLLOW THE IMPACT OF YOUR GIFT ALL YEAR LONG!

Find Food for the Hungry Canada on Facebook, or visit blog.fhcanada.org

You’re brilliant!

Life Hacks for Moms