Food for the Hungry (FH) Canada is dedicated to sustainable development by walking alongside community and family leaders to help them overcome poverty and reach self-sufficiency within 10 years. You are making a real difference through your involvement in this much bigger picture!

OUR PROMISE: TO GRADUATE COMMUNITIES FROM POVERTY IN 10 YEARS.

Discover how Child Sponsorship, Gift Guide items, partnerships, Boot Camps, and more are changing lives in Canada and around the world:

fhcanada.org/gifts

A LIFE-CHANGING GIFT is being made ON YOUR BEHALF!

Families rely on home-grown vegetables to boost their children’s nutritional intake. With garden tools, they can build compact planters from local materials that will help increase their vegetable yields. Juicy tomatoes, crisp lettuce, crunchy carrots – they’re perfect for a nutritious dinner!

FOLLOW THE IMPACT OF YOUR GIFT ALL YEAR LONG!

Find Food for the Hungry Canada on Facebook, or visit www.fhcanada.org

call 1.800.667.0605 email info@fhcanada.org mail #1-31741 Peardonville Rd Abbotsford, BC V2T 1L2

IT’S ABOUT THRIVING COMMUNITIES.

Food for the Hungry (FH) Canada is dedicated to sustainable development by walking alongside community and family leaders to help them overcome poverty and reach self-sufficiency within 10 years. You are making a real difference through your involvement in this much bigger picture!

THANK YOU for being part of the GIFT GUIDE!