



FOOD FOR  
THE HUNGRY

2023

# IMPACT REPORT



Food for the Hungry is a Christian not-for-profit organization  
dedicated to ending poverty—one community at a time.



## Thank You!

2023 was a great year to be joining you in the work of FH Canada! In partnership with Canadians like you, we supported over 100,000 people in 91 communities across seven countries! The following numbers tell the stories of communities who can now support their children's dreams, thanks to your past gifts.

In Sakkada, Cambodia I met husband and wife Ney Nul and Kranh Yong who'd returned from six years in Thailand with little financial gain to show for it. As they moved around trying to make a living, their daughter lost four years of schooling. On their return, they signed up for FH-funded agricultural training. When I met them this year, they had a thriving farm that produces poultry, fish, and vegetables. They've sent their daughter back to school, increased their income, and are sharing their knowledge with other farmers in the community. This is the power of what we are doing together!

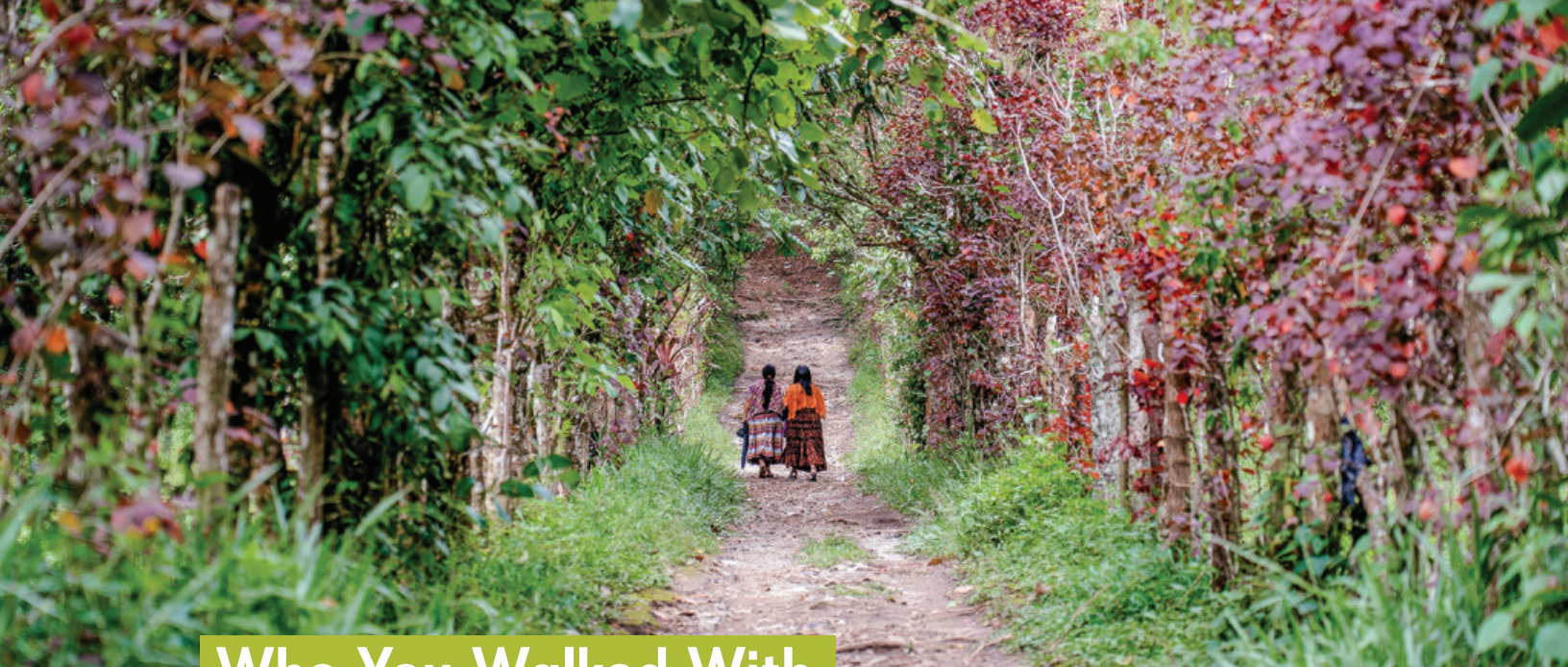
Thanks to your faithfulness, 22 communities like Sakkada will graduate from FH support in 2024 to continue their journeys of transformation with tools and skills built over 10 years of partnership. In the coming year we've committed to 29 new community partnerships!

May the stories told in these pages fill you with confidence that your gifts are making a difference and a determination to continue on this journey of mutual transformation.

In service with you,



*Musu K. Lewis*  
Musu K. Taylor-Lewis  
President & CEO



## Who You Walked With

Thank you for joining the journey to end poverty! With your support, families, leaders, and churches partnered with Food for the Hungry to address root causes of poverty and design solutions that will help them achieve their dreams. Together, they furthered their knowledge, skills, and assets to cultivate flourishing in their communities.

**In 2023, you walked with**

**91 Partner Communities**

across Guatemala, Burundi, Ethiopia, Rwanda, Uganda, Bangladesh, and Cambodia



**255,117 People**



**55,684 Households**

“



I now dream about the betterment of my village, considering each family in my community as my own. I extend my support to families through their ups and downs... My ultimate aspiration is to transform my village into a model community and I am committed to continually working toward fulfilling my responsibilities as a leader.

— **Forkan, Community Development Committee president** ”



## You Walked With

**Guatemala** 3,203 community members impacted  
12 communities within Nebaj and San Juan Cotzal

**Burundi** 6,144 community members impacted  
20 communities within Kabarore

**Ethiopia** 28,564 community members impacted  
9 communities within Sasiga Mid-Highlands

**Rwanda** 15,652 community members impacted  
4 communities within Bwira

**Uganda** 13,848 community members impacted  
7 communities within Bukende

**Bangladesh** 9,092 community members impacted  
5 communities within Char Borobila and Ukhia

**Cambodia** 28,141 community members impacted  
35 communities within Kantuot, Svay Leu 2,  
and Tropeang Prasat 3





“ [My son], would send me a bouquet of flowers [for Mother’s Day], then the thought came to me, let’s buy the [Gift Guide] cow! It’ll take a family out of poverty and it also has an impact on the community. It was the impact that it’s going to have, taking one family out of poverty.

— Catherine, Gift Guide donor, Alberta ”

## Canadians Make A Difference

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### GIFT GUIDE

**\$879,635 raised by 2,286 supporters**

Thousands of creative Canadians chose to think outside the box when it came to gift giving. As a result, vulnerable families around the world received practical resources to grow food, start businesses, and change their futures.



### FEEDING FAMILIES

**\$277,629 from 779 Canadians**

Your generosity helped thousands of families grow food to feed their children and develop new income. Canadian donations to Feeding Families sent emergency food to people facing extreme hunger and supported long-term solutions including agricultural training, livestock, and seeds.



### CHILD SPONSORSHIP

**9,633 sponsor children supported by 7,847 Canadian sponsors**

A big, warm welcome to 1,365 new Canadian child sponsors! Through child sponsorship, you helped children access education and parents develop new ways of making a living. Entire communities were encouraged and strengthened to fight poverty because of child sponsors!

# Central America



In the community, many people did not know how to plant crops; they thought that to plant other crops they needed chemicals (fertilizers and agrochemicals), and a lot of money was needed. Now, with the support of FH delivering seeds and organic fertilizer, and the knowledge we acquired, we have been practicing [gardening]. We realized that with organic agriculture you can obtain income. Even though climate change is a limitation, we always continue fighting—all the resources that are necessary to grow [food] we have at hand.

— Maria, Guatemala



## Guatemala

Home gardens are transforming families in Guatemala, providing income and essential nutrition for their children. The Nutrition For My Family project promoted gardening through training, seeds, and technical support. Through the work of Leader Mothers, groups of women learned sanitation and hygiene from FH and shared the lessons with their neighbours. Women across the communities excelled at diversifying their income by joining their savings groups into larger business associations. Smallholder coffee farmers planted more resilient coffee varieties while FH equipped them to diversify their livelihoods and engage in value-added economic activities.



**531** children and teens trained on mutual respect, non-violent relationships, and healthy communication

**99** women participated in a four-month business skills training program

**9** new Savings and Loans groups started!



“

The visits that FH made to me have been very helpful, both in my personal and spiritual life. They always give me advice to act in a correct way. As young people we go through difficult circumstances but this has helped me overcome them and feel more motivated to continue with my education and fulfill my dreams.

— Maria, 17-year-old student of medicine

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# East Africa



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Spiritually, my family members have hope for the future because we see progress in our living conditions. Our nutrition has been improved, especially by eating vegetables since we acquired knowledge on how to layout kitchen gardens. Socially, our relationships have improved! It is also praiseworthy that our community made a change in keeping everywhere clean.

— Immaculée, Burundi

”





## Burundi

Kabarore is growing more sustainable! When bad weather struck this year, farmers applied agro-ecological techniques and saved their maize crop. Through the Let's Learn to Read program, communities made trend-breaking strides in childhood literacy. Schools in Kabarore—the poorest area in the province of Kayanza—came in 10<sup>th</sup> place in the national level exams! This year, 23 goat kids and 31 piglets were given to neighbours by families who received FH livestock last year. Members of the minority Batwa group benefited from equality training and leadership empowerment.



## Ethiopia

The nine communities of the Sasiga Mid-Highlands have been working with FH since 2014 to transform their families, livelihoods, and future opportunities in a sustainable way. In spite of being impacted by conflict from the north, families in the Mid-Highlands continue to grow in resilience with a worldview marked by hope, confidence, and a determination to support their communities' development. Many community members who didn't have enough food can now grow enough to feed their families and generate an income.



**58** primary school teachers trained in Let's Learn to Read; 2,048 students benefited!

**512** Cascade group leaders trained in early childhood stimulation; they, in turn, trained 6,144 parents



**187** Savings and Loans groups with 4,670 members reported a cumulative savings of \$70,000 CAD



**1,550** households benefiting from 31 NEW water points (30 hand-dug wells and 1 capped spring)

**100** women trained on economic empowerment through growing vegetables

**436** girls in 9 school girls' clubs received dignity kits to manage their periods



**“**



My life and my family's life have radically changed... We became food secure after practicing organic farming and improved our personal hygiene and sanitation. The change in our community makes us praise God because [community members] are equipped with skills and knowledge. The members of our communities started a new journey in their life!

— **Sutuma, sponsor child, Ethiopia**

**”**



## Rwanda

Just two years into FH partnership and the communities of Bwira have already established 75 Savings and Loans groups with 2,129 members who've saved over \$6,000 CAD and distributed loans to support education, health, and livelihoods. Kids are able to stay in school—there's been a decrease in school dropouts from 4.9 per cent to only 0.3 per cent. Community volunteers are boosting food security through demonstration gardens—they grow veggies, produce seedlings, and support 1,750 family gardens that combat child malnutrition.



**200** Cascade group leaders trained on preventing malnutrition; they trained 1,140 neighbours



**608** households and 901 students gained access to water from 1 rehabilitated pipeline

**400** Lead Farmers trained on improved agricultural practices; they trained 1,100 farmers

**44**



Before, many children were not attending school and dropping out was normal because we were never getting support... But, today, the classrooms are full! Now Bukiendo is back on the map! These changes have made me work hard knowing that I am going to [have] a good harvest. I know that lack of food is going to be history in my home.

— Harriet, cascade group member, Uganda



## Uganda

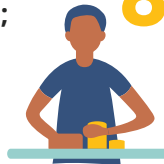
Food production in Bukiendo dramatically increased—by applying sustainable farming techniques, farmers raised yields over 600 per cent which increased food security and family income. Parents are putting meals on the table every day! FH trained farmers, distributed seeds, and provided livestock that keep on multiplying—500 households in Bukiendo now have animals. Family savings grew—parents started paying school fees and medical bills. Mothers report less illness in their families since beginning to cook from their robust kitchen gardens.



**33%** more students have enrolled in school in the last four years!

**168** mothers screened for depression; 90 were offered group therapy support

**80** Savings and Loans groups trained on financial literacy and small business resulting in 85 new small businesses



# Asia



Since I became a [sponsor] child with FH Cambodia, I have gained knowledge related to personal hygiene and the importance of education and a clean environment. In my village, there has been progress. I see that each family has more home gardening, housekeeping, hygiene, and helping each other. I would like to say thank you [to my sponsor] and thanks to FH Cambodia for [coming] to develop my village.

— Phearar, Cambodia



## Bangladesh

FH has helped establish a strong network of leaders in Char Borobila who conduct their own meetings and trainings. Leaders from savings groups came together to create overseeing bodies called Community Based Organizations (CBOs). These CBOs are identifying problems in their communities and designing creative solutions. Char Borobila is fast approaching their goal of being a resilient, thriving, and transformational community and is getting ready to celebrate the completion of their partnership with FH!



## Cambodia

Together with FH staff, families strengthened community networks like Savings and Loans groups. Cascade Health groups trained hundreds of peers on how to improve nutrition and hygiene, and monitor their children's growth. Communities worked with local authorities to reduce the spread of sickness by promoting household latrines, handwashing stations, and treated drinking water. Hundreds of families participated in training on animal husbandry, chicken raising, aquaculture, fish and frog farming, and crop cultivation.



**240** Leader Mothers and 1,714 Cascade group members trained on early childhood stimulation

**135** people established Early Marriage Reduction committees to involve community stakeholders in ending child marriage

**88** Savings and Loans group leaders trained on leadership, problem solving, conflict management



**42.6%** increase in the number of students in Tropeang Prasat reading books in school libraries—from 964 to 2,265 students!



**13** Lead farmers trained 387 community members on home gardening, fish farming, and chicken raising

**82** leaders serving over 40,000 people trained to develop their own community transformation plan

**44**



Now children look healthy and [my community] has better relationships than before—they help each other and collaborate. They understand sanitation and hygiene, created a savings group together, most households have gardens, and [parents] motivate their children to go to school!

— Nop, Cambodia

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## Relief & Humanitarian Affairs

Through the special gifts of hundreds of caring child sponsors as well as individual donors, FH Canada responded swiftly to emergency situations where children were at risk. Your gifts helped flood victims in Rwanda and war survivors in Ethiopia. Further relief was provided to families in Uganda, Burundi, and Guatemala, and disaster risk reduction training was conducted in all partner communities.

**3,740** individuals received post-flood support in Uganda

**600** Ugandan households received seeds to replant gardens after floods



**9,723** women and girls in Ethiopia accessed FH-created safe spaces



**5,000** household items given to internally displaced families in Ethiopia (1,500 blankets and pads, 3,000 bars of soap, and 500 bottles of hair oil)

**133** households in Rwanda received a direct cash transfer to recover from floods

**44**



Before, I came to FH's safe space for women and girls, I was stressed and never interacted with people around me; I even attempted suicide. Now, I have hope, and am starting to think about the future of my life and my children's. I participated in an awareness session which helped me know more about gender-based violence and coping mechanisms for the consequences of the violence I experienced as well as skills building activities which help me manage my stress and explore my potential and interests.

— A mother of two young children displaced from western Tigray, Ethiopia

**”**



# Learning Together

We are so impressed with donors like you who dared to stretch yourselves beyond the familiar. You risked changing your narrative of poverty and what it means to live the good life. Through events, trips, and learning opportunities, you began to transform not only our worldview, but the world around you, too!



## Ending Poverty Together Workshops

87 participants in 4 workshops



## Flourishing Conference

146 attendees enjoyed an international food fair and an evening exploring the many facets of poverty and paths to freedom



## Ending Poverty Podcast

17 episodes aired with guest experts



## 45 Canadian Group Partners

22 Business Partners, 7 Church Partners, and 16 Foundations supported the work to end poverty



## Partner Representatives

60 Partner representatives and Canadian donors participated in 6 team trips to Guatemala, Cambodia, and Rwanda



The concepts behind the Ending Poverty Together Workshop are very different from what I had ever heard before. They bring hope—an optimism that there is actually something that can be done here. The course I feel levels the playing field, it just helps me to realize that there are areas in my life where that are impoverished relationally. That course material is life changing. I'm so glad that I've been exposed to it through FH.

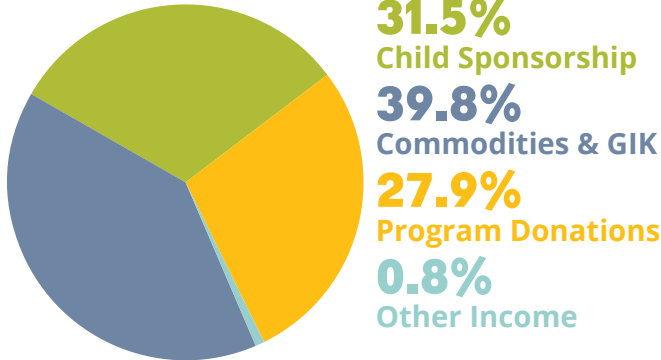
— Carmyn, child sponsor, Alberta



# 2023 Financials & Leadership

FH Canada's 2023 fiscal year ran October 1, 2022 to September 30, 2023

## REVENUE



## Revenue

Sponsorships	\$4,263,149
Donations	\$3,787,281
Gifts-in-kind	\$5,386,929
Investment and Other Income	\$113,394

**Total Revenue \$13,550,753**

## Expenses

International Programs	\$11,157,95
Canadian Programs	\$144,490
Public Awareness and Education	\$293,954
Investment and Other Expenses	\$42,006

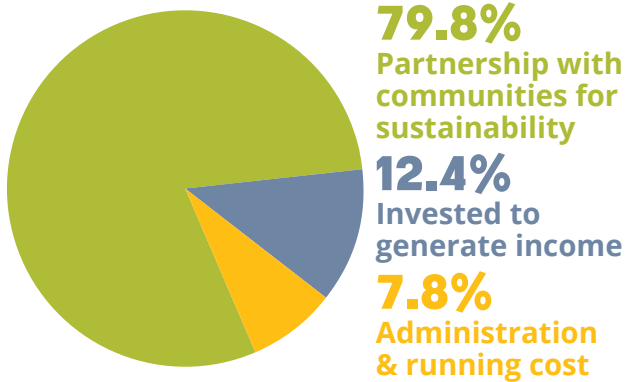
**Total Expenses \$11,638,405**

## Support

Fundraising	\$1,802,919
Administration	\$1,139,650

**Total Support \$2,942,569**

## EXPENSES



<b>Opening Net Asset Balance</b>	<b>\$2,146,772</b>
<b>Total Revenue</b>	<b>\$13,550,753</b>
<b>Total Expenses and Support</b>	<b>(\$14,580,974)</b>
<b>Ending Net Asset Balance</b>	<b>\$1,116,551</b>

### SENIOR LEADERSHIP

**Musu K. Taylor-Lewis**  
President & CEO

**Patty-Leigh Thielmann**  
VP of International Programs

**Michael Janz**  
Sr. Director of Philanthropy  
& Public Engagement

**Michael Prins**  
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**Mark Viso**  
President & Chief Executive Officer,  
Food for the Hungry International

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Food for the Hungry

**Thank you for partnering with families across the world  
to end poverty—one community at a time.**



Follow your impact all year long.



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**Food for the Hungry (FH) Canada**  
National Office

1-31741 Peardonville Road, Abbotsford, BC V2T 1L2

1-800-667-0605 [info@fhcanada.org](mailto:info@fhcanada.org)

[fhcanada.org](http://fhcanada.org)